

# How sustainable are you? - What you know

## 1. Default Section

1. Please fill in the following details about where you live.

City/Town:

State:

Country:

\* 2. Gender?

Male

Female

\* 3. What age range are you in?

<10

11-15

16-18

18-29

30-39

40-49

50-59

60-69

70-79

80-89

>89

\* 4. Which of the following objects appears first in the Sustainable Living Practices guide?

Fly trap

Petrol iron

Butter pat

Chamber pot

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## 2. What do you know about sustainable living practices?

This part of the survey finds out the things you know about sustainable living.

"Sustainable development is development that meets the needs of the present without compromising the ability of future generations to meet their own needs."

(WCED, 1987, Brundtland Report)

There are three primary objectives in sustainable home living:

- Lifestyle and health improvement
- Cost effectiveness
- Environmental friendliness

The first section finds out what you know about sustainable energy use.

\* 1. Rate each of the following as a source of sustainable energy.

	Poor	Fair	Good	Excellent
Oil	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wind	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Solar	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nuclear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hydro	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bio-fuels (including wood)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

\* 2. Which of the following energy sources is currently used as a source of home energy in your state?

- Solar
- Bio-fuels
- Oil
- Nuclear
- Coal
- Wind
- Hydro

\* 3. Which of the following types of bulbs would help to use less energy for lighting in the home?

- Incandescent bulbs
- Halogen bulbs
- Fluorescent bulbs
- LED bulbs

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\* 4. Which of the following practices would help reduce energy use for lighting in the home?

- Switching off lights each time leaving a room
- Daylight saving
- Use natural lighting
- Organise activities for daylight hours

Other (please specify)

\* 5. Which of the following stoves do you think would be using a sustainable energy?

- Solar cooker
- Wood stove
- Microwave
- Electric hotplate and oven
- Gas stove

\* 6. Which of the following practices would reduce energy use for cooking in the home?

- Cooking in bulk and freezing
- Heating frozen meals
- Using microwave instead of stove
- Eating low preparation meals

Other (please specify)

\* 7. Which of the following practices would help reduce energy use when using appliances in the home?

- Turn off rather than use stand by mode
- Repair rather than replace
- Consider energy star ratings when purchasing
- Use special appliances for every task
- Turn off appliances not in use

Other (please specify)

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\* 8. Which of the following practices would help to keep the home cool?

- Consider sun and breezes in house design
- Grow plants around the home
- Insulate the home
- Open windows and doors on both sides of the house

\* 9. Rate each of the following devices for their energy use in cooling the home.

	Poor	Fair	Good	Excellent
Air conditioner	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Evaporative (water) air conditioner	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fans	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Natural air flow	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# How sustainable are you? - What you know

## 3. Water

This section finds out what you know about sustainable water use.

\* 1. Which of the following practices would help reduce water use in the home?

- Consider water star ratings when purchasing appliances
- Bathing rather than showering
- Using grey water on the garden
- Using tank water on the garden
- Using hand washing rather than a dish washer

\* 2. Which of the following practices would help reduce water use when doing the washing?

- Using a front loading washing machine
- Doing washing by hand
- Reusing grey water on the garden
- Adjusting water level for the load
- Reducing daily changes of clothes
- Using shorter cycles on the washing machine

Comment

\* 3. Which of the following practices would reduce personal use of water around the home?

- Limiting shower time
- Turning off tap while brushing teeth
- Using half flush toilet where possible
- Making use of cold water before hot water flows

\* 4. Which of the following practices would BEST reduce water use when cleaning concrete paths around the home?

- Broom only
- Hosing
- High pressure cleaning
- Bucket and brush

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\* 5. Rank the following collection and storage devices for water from cheapest to most expensive.

	Cheapest				Most expensive
Water tanks	jñ	jñ	jñ	jñ	jñ
Drilling a water bore	jñ	jñ	jñ	jñ	jñ
Redirecting down pipes onto garden	jñ	jñ	jñ	jñ	jñ
Grey water hose	jñ	jñ	jñ	jñ	jñ
Shower bucket	jñ	jñ	jñ	jñ	jñ

# How sustainable are you? - What you know

## 4. Materials

This section finds out what you know about sustainable use of materials.

\* 1. Which of the following practices would help reduce materials use in the home?

- Considering the environment when purchasing
- Sorting rubbish into the recycling bin
- Making do with what you already have
- Repair rather than replace

Other (please specify)

\* 2. Which of the following practices would be an example of repurposing to reduce materials use?

- Using a biscuit tin to hold favourite jewelery
- Using a wire coat hanger as a car radio aerial
- Using the dish washer to clean car parts
- Shredding paper to use as mulch on the garden

\* 3. Which of the following practices would be an example of reusing to reduce materials use.

- Using plastic knives and forks
- Using washable crockery
- Using a refillable gas bottle for the barbeque
- Using a plastic shopping bag as a rubbish bin liner

\* 4. Which of the following practices would reduce the use of materials?

- Using "green" shopping bags
- Buying in bulk
- Printing emails
- Putting advertising materials into the recycling bin

\* 5. Which of the following practices would be an example of recycling materials?

- Selling unwanted items on ebay
- Putting old newspapers into the yellow recycling bin
- Cleaning out unwanted items to the dump
- Buying an old bike from the dump shop
- Putting old clothes into the charity bin

Other (please specify)





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## 5. Environmental Impact

This section finds out what you know about practices that affect the environment.

\* 1. Which of the following organisations would be concerned about protecting the environment?

- Queensland Mining Council
- Queensland Museum
- Environmental Protection Agency
- Australia Zoo

\* 2. Which of the following would ways that you could improve biodiversity around the home?

- Kill off all the toads
- Remove green waste to the dump
- Set up a bird bath
- Plant native shrubs
- Leave logs lying around the garden

Other (please specify)

\* 3. Which of the following practices would help reduce impacts on the environment?

- Placing food packaging in the rubbish bin
- Choosing biodegradable products
- Disposing of old batteries in the rubbish bin
- Pouring unused chemicals down the sink
- Using natural cleaning products